**PARTICIPATION LIMITATIONS** **- WATER POLO**

Updated: 2021

**GENERAL**

It shall be considered a contest when a team from a school engages in any activity with a team not from that school.  A student who is in the 9th grade of a junior high school may represent the senior high school in the sport. 9th graders shall have the same privileges no matter how housed, be it in a junior high school or in a four-year high school.

**Team**

A school team shall not play more than 18 games at each level of competition, 3 tournaments, and 1 Jamboree, exclusive of varsity district playoffs and state championships.

**Individual**

A student shall not participate in more than six quarters per day against the same school and in not more than 18 games per season, exclusive of varsity district playoffs and state championships. A student may participate in only one jamboree and three tournaments.

**Six-Quarter Rule** If a student participates in a total of six (6) quarters on one day in two different games (two quarters JV, four quarters Varsity), the student is charged with participation in one game.

If a student appears in more than six (6) quarters on one day against the same school, the game in which the student exceeds the limit is forfeited.  Overtime periods shall be considered an extension of the previous quarter, and participation for any length of time in a quarter shall constitute a quarter.

***EXCEPTION****Individuals may participate in two games in one day at the same level if playing separate teams as part of their regular league play.*

**Jamboree**

A school may participate in only one jamboree at each level of competition.  A jamboree shall include at least three teams, and shall not be counted as a contest.  Jamborees may be held only on the first playing date and for 30 days thereafter.  A jamboree shall be limited to not more than a total of 24 minutes (three or more teams) and to not more than one contest against any school.  Students participating in jamborees shall adhere to the individual participation limitations set forth. A student may participate in only one jamboree regardless of level of play.

**Tournaments**

All tournaments are considered Varsity events unless specified as JV specifically. A tournament shall count as one match for the team and one match for the individual. Teams and athletes may only participate in 3 tournaments per gender.

When more than one team per school and gender is entered in the same event, athletes may only be one roster per tournament. If you enter two teams in the same tournament, the number of matches is counted as one. Teams of a gender are limited to three tournaments (matches) in a season.