

## *STATE PLAYOFFS*

*NOVEMBER 14TH AND NOVEMBER 15TH*

*OSBORN AQUATIC CENTER*

*CORVALLIS, OREGON*

# OREGON HIGH SCHOOL WATER POLO 2008 STATE CHAMPIONSHIPS

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## OUR VOLUNTEERS

- 🏆 **Mark Warden**, Awards Presenter
- 🏆 **Ken Armour**, Tournament Artwork
- 🏆 **Nathan Boal**, National Anthem
- 🏆 **Jodi Hansen & Jennifer Gilbert**  
National Anthem
- 🏆 **Shannon Kelley**, Programs
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- 🏆 **Osborn Aquatic Center Staff**
- 🏆 **Chehalem Water Polo '08 hosts**
- 🏆 **NHS Waterpolo Alumni**

## OUR FAMILIES, FRIENDS & FANS

Thank you to our families, friends, and fans for their assistance and support throughout the season. Without you, the continued growth of high school water polo in Oregon would not be possible.

## WELCOME

The Oregon High School Water Polo Committee Board of Directors would like to welcome you to the 4/5A and 6A State Championships.

This year we do have a change in how the state format will be run. The championship has been divided into a 4/5A and 6A State Championship.

4/5A and 6A are determined by the enrollment of the school. The majority of the schools are enrolled at a 6a level. For several years the 4/5A schools have requested a 4/5A championship as well.

This year the coaches voted at the fall meeting to try this new format. It will be reviewed at the end of the season by the Oregon High School Water Polo Committee Board of Directors. They will then determine if they will recommend it for the future.

Again, we hope you will enjoy this year's championship tournament.

We want to extend our appreciation to our facility host Osborn Aquatic Center. We ask that you be respectful of the venue and staff.

Good luck to all the teams, we look forward to a great tournament.

Jim McMaster  
OHSWPC President



# PLAYOFF RESULTS

## BOYS

Friday November 7th, 2008

|                 |              |
|-----------------|--------------|
| Barlow 9        | Barlow       |
| Lake Oswego 7   |              |
| Southridge 22   | Southridge   |
| Tigard 7        |              |
| Sheldon 3       | Tualatin     |
| Tualatin 21     |              |
| South Salem 8   | Reynolds     |
| Reynolds 12     |              |
| Newberg 17      | Newberg      |
| Aloha 9         |              |
| Sandy 6         | Sandy        |
| Beaverton 4     |              |
| Sprague forfeit | Westview     |
| Westview 5      |              |
| South Eugene 18 | South Eugene |
| Gresham 13      |              |

## GIRLS

Saturday November 8th, 2008

|                  |               |
|------------------|---------------|
| Sandy 8          | Lake Oswego   |
| Lake Oswego 9    |               |
| Sunset 12        | Sunset        |
| Tigard 3         |               |
| Sheldon 1        | Tualatin      |
| Tualatin 19      |               |
| South Salem 6    | Barlow        |
| Barlow 15        |               |
| Newberg 15       | Newberg       |
| Lincoln 4        |               |
| David Douglas 10 | David Douglas |
| Aloha 4          |               |
| West Salem 0     | Southridge    |
| Southridge 12    |               |
| South Eugene 7   | South Eugene  |
| Reynolds 5       |               |

**DID YOU KNOW** THAT TO SHOOT AN INSTANT 5 METER YOUR HEAD MUST BE OUTSIDE THE 5 METER MARK WHEN THE FOUL IS CALLED?



# 1ST ROUND STATE RESULTS

## BOYS

Friday November 7th, 2008

|                 |              |
|-----------------|--------------|
| Barlow 10       |              |
| Southridge 20   | Southridge   |
| Tualatin 13     |              |
| Reynolds 7      | Tualatin     |
| Newberg 23      |              |
| Sandy 7         | Newberg      |
| Westview 16     |              |
| South Eugene 17 | South Eugene |

## GIRLS

Saturday November 8th, 2008

|                 |            |
|-----------------|------------|
| Lake Oswego 3   |            |
| Sunset 12       | Sunset     |
| Tualatin 11     |            |
| Barlow 6        | Tualatin   |
| Newberg 15      |            |
| David Douglas 1 | Newberg    |
| Southridge 10   |            |
| South Eugene 7  | Southridge |

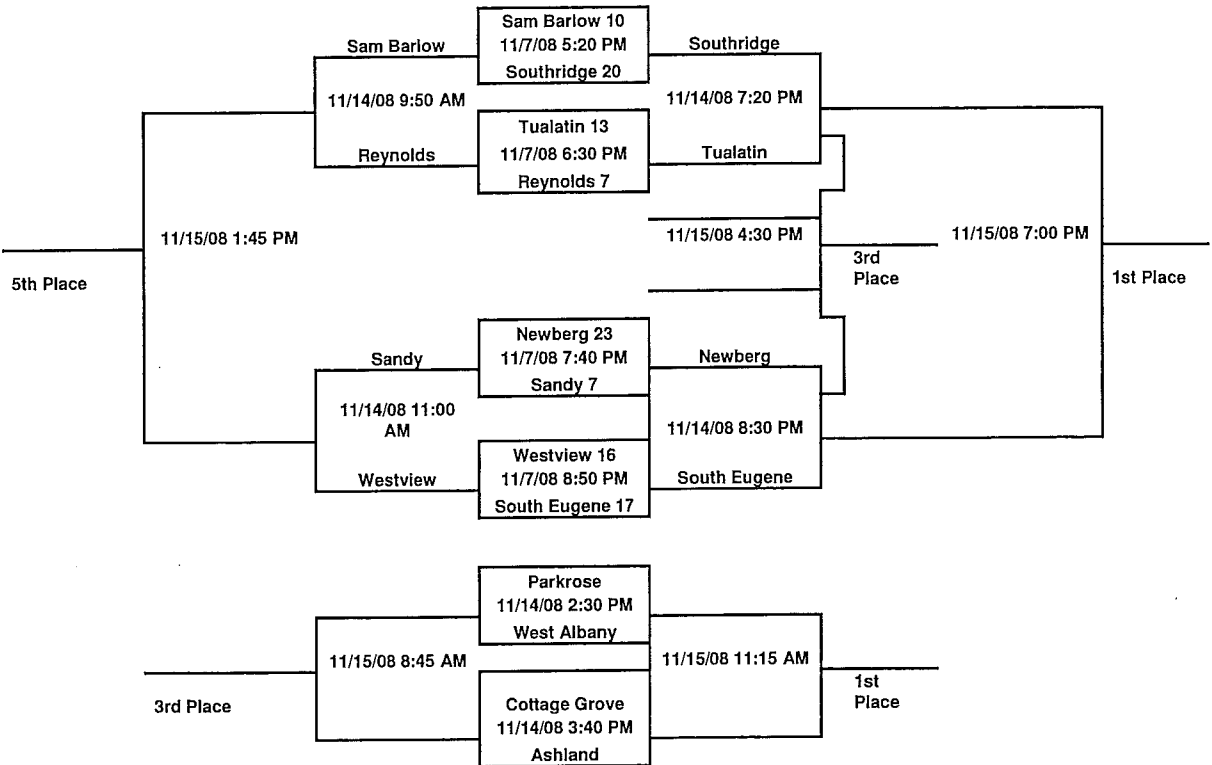
### Ruby Tuesday Corvallis Coupon FREE Burger

Buy one Ruby's Classic Burger and get one FREE!  
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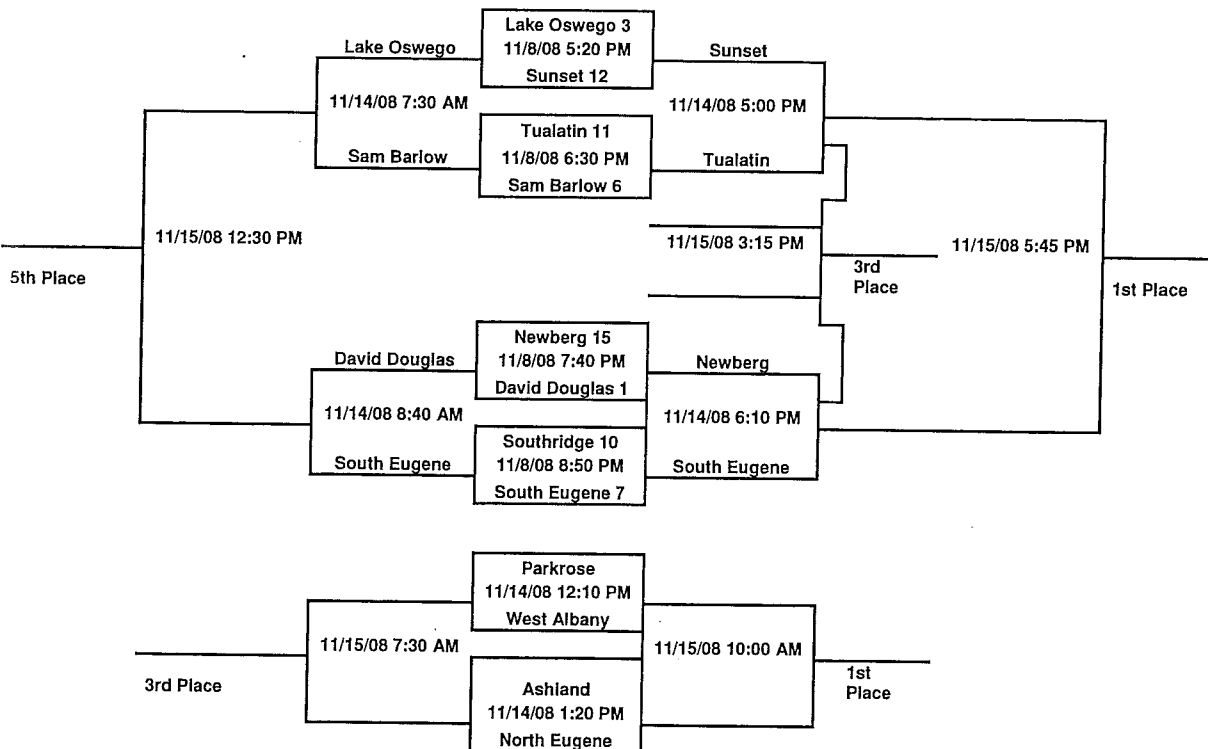
One coupon per table not good with any other offer  
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# GIRLS WATER POLO STATE CHAMPIONSHIP



# METRO LEAGUE STANDINGS

| BOYS       | W | L | T |
|------------|---|---|---|
| Southridge | 9 | 0 | 1 |
| Westview   | 7 | 3 | 0 |
| Beaverton  | 6 | 4 | 0 |
| Aloha      | 5 | 4 | 1 |
| Lincoln    | 1 | 9 | 0 |
| Sunset     | 1 | 9 | 0 |

| GIRLS      | W | L |
|------------|---|---|
| Sunset     | 9 | 1 |
| Southridge | 8 | 2 |
| Aloha      | 4 | 6 |
| Lincoln    | 4 | 6 |
| Westview   | 3 | 7 |
| Beaverton  | 2 | 8 |

# METRO ALL LEAGUE

## BOYS

| First Team                   | School     | Year |
|------------------------------|------------|------|
| Gabe Darrah                  | Aloha      | 12   |
| Grant Schoen                 | Beaverton  | 12   |
| Mitch Wise                   | Southridge | 12   |
| Josh Stiling                 | Southridge | 11   |
| Zach Helm                    | Westview   | 12   |
| Michael Barclay              | Westview   | 12   |
| Jovian Fennell <i>goalie</i> | Beaverton  | 12   |

| Second Team                 | School     | Year |
|-----------------------------|------------|------|
| Tyler Sinner                | Aloha      | 12   |
| Alex Bush                   | Beaverton  | 12   |
| Daniel Feldhan              | Beaverton  | 12   |
| Kyle Blandin                | Southridge | 9    |
| Grant Barker                | Sunset     | 10   |
| Nima Ahmadi                 | Westview   | 12   |
| Andrew Durkin <i>goalie</i> | Aloha      | 12   |

| Third Team               | School     | Year |
|--------------------------|------------|------|
| Franklin Phan            | Aloha      | 11   |
| Yonah Hendin             | Beaverton  | 12   |
| Nick Meyers              | Lincoln    | 11   |
| Kevin Funkhouser         | Southridge | 11   |
| Jacob Brucker            | Sunset     | 10   |
| Nick Beasley             | Sunset     | 12   |
| Rob McCabe <i>goalie</i> | Southridge | 10   |

| Player of the Year |            |    |
|--------------------|------------|----|
| Mitch Wise         | Southridge | 12 |

| Coach of the Year |            |
|-------------------|------------|
| Erik Akerman      | Southridge |

## GIRLS

| First Team                    | School     | Year |
|-------------------------------|------------|------|
| Brianna Bain                  | Aloha      | 10   |
| Courtney Bird                 | Beaverton  | 12   |
| Sarah Atkins                  | Southridge | 12   |
| Lindsey Zehner                | Sunset     | 12   |
| Laura Burtness                | Sunset     | 11   |
| Erin McConaghy                | Westview   | 11   |
| Caitlin Doherty <i>goalie</i> | Aloha      | 12   |

| Second Team                     | School     | Year |
|---------------------------------|------------|------|
| Hanna Reidner                   | Aloha      | 12   |
| Megan Morris                    | Beaverton  | 12   |
| Victoria Buck                   | Lincoln    | 12   |
| Mackenzie Perkins               | Lincoln    | 10   |
| Livi Overton                    | Southridge | 12   |
| Sarah Mitich                    | Westview   | 11   |
| Sarah Mottershead <i>goalie</i> | Sunset     | 12   |

| Third Team                | School     | Year |
|---------------------------|------------|------|
| Lidia Kusnadi             | Aloha      | 12   |
| Katie Kavanaugh           | Lincoln    | 12   |
| Susan Latiolait           | Sunset     | 12   |
| Hailey Bambusch           | Sunset     | 12   |
| Theresa Sundin            | Westview   | 12   |
| Maria Weitzel             | Westview   | 10   |
| Cami Parker <i>goalie</i> | Southridge | 12   |

| Player of the Year |            |    |
|--------------------|------------|----|
| Sarah Atkins       | Southridge | 12 |

| Coach of the Year |            |
|-------------------|------------|
| Erik Akerman      | Southridge |

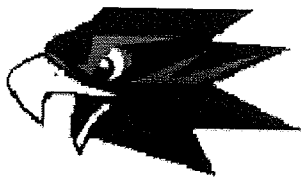




# METRO LEAGUE ROSTERS

## SOUTHRIDGE - BOYS

|                      |                |
|----------------------|----------------|
| <b>Coach</b>         | Erik Akerman   |
| <b>Asst. Coach</b>   | Chris Akerman  |
| <b>Athletic Dir.</b> | Bryan Sorenson |
| <b>Team Mgr.</b>     | Brent Wise     |
| <b>Trainer</b>       |                |
| <b>Division</b>      | 6A             |
| <b>Mascot</b>        | Skyhawks       |



| Cap | Player           | Year |
|-----|------------------|------|
| 1   | Rob McCabe       | So   |
| 1a  |                  |      |
| 2   | Kyle Blandin     | Fr   |
| 3   | Derek Heino      | Fr   |
| 4   | Sam Grigorian    | So   |
| 5   | Kevin Funkhouser | Jr   |
| 6   | Rob McCabe       | So   |
| 7   | C – Adrian Eames | Sr   |
| 8   | C – Mitch Wise   | Sr   |
| 9   | Jared Howes      | So   |
| 10  | Josh Stiling     | Jr   |
| 11  | Vasyl Malofiy    | Sr   |
| 12  | Alex Brown       | Sr   |
| 13  | Alex Graboyes    | Sr   |
| 14  | Taras Levkiv     | Sr   |
| 15  | Jamal Teano      | Fr   |
| 16  | Rod Vidomskiy    | So   |
| 17  |                  |      |
| 18  |                  |      |

## WESTVIEW - BOYS

|                      |                |
|----------------------|----------------|
| <b>Coach</b>         | Emily Schmitt  |
| <b>Asst. Coach</b>   | Dan Guidouz    |
| <b>Athletic Dir.</b> | Mike Sanderson |
| <b>Team Mgr.</b>     |                |
| <b>Trainer</b>       |                |
| <b>Division</b>      | 6A             |
| <b>Mascot</b>        | Wildcats       |



| Cap | Player              | Year |
|-----|---------------------|------|
| 1   | Alex Cubillas       | Jr   |
| 1a  |                     |      |
| 2   | Conor Arcuri        | Jr   |
| 3   |                     |      |
| 4   | Michael Barclay     | Sr   |
| 5   | Andrew Jewell       | So   |
| 6   | Tim Roberson-Hamlin | So   |
| 7   | Brian Cheney        | So   |
| 8   | Aiden Lindsey       | So   |
| 9   | Jonathan Nguyen     | So   |
| 10  | Nima Ahmadi         | Sr   |
| 11  | Zach Helm           | Sr   |
| 12  | Joe Hackenschmidt   | Sr   |
| 13  |                     |      |
| 14  | Blake Adams         | So   |
| 15  | Conor Reichardt     | Jr   |
| 16  |                     |      |
| 17  |                     |      |
| 18  |                     |      |

**SOUTHRIDGE - GIRLS**

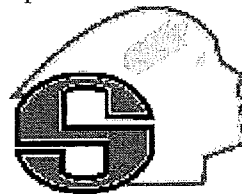
**Coach** Erik Akerman  
**Asst. Coach** Chris Akerman  
**Athletic Dir.** Bryan Sorenson  
**Team Mgr.** Brent Wise  
**Trainer**  
**Division** 6A  
**Mascot** Skyhawks



| Cap | Player            | Year |
|-----|-------------------|------|
| 1   | C - Cami Parker   | Sr   |
| 1a  |                   |      |
| 1b  |                   |      |
| 2   | Sarah Nickless    | Jr   |
| 3   | Rebecca Keithley  | So   |
| 4   | C - Sarah Atkins  | Jr   |
| 5   | Monica Rabii      | Jr   |
| 6   | Rachelle Belew    | Sr   |
| 7   |                   |      |
| 8   | Jensen Lewis      | Jr   |
| 9   | Maddie Stone      | Jr   |
| 10  | Ali Hough         | Sr   |
| 11  | Marlena Sturm     | So   |
| 12  |                   |      |
| 13  | Rian Morgan       | So   |
| 14  | Carly Orozco      | So   |
| 15  | C - Livie Overton | Sr   |
| 16  | Ponta Abadi       | Sr   |
| 17  |                   |      |
| 18  |                   |      |

**SUNSET - GIRLS**

**Coach** David Tauber  
**Asst. Coach** Matthew Hess  
**Athletic Dir.** Pete Lukitch  
**Team Mgr.** Scott Raegen  
**Trainer**  
**Division** 6A  
**Mascot** Apollos



| Cap | Player                 | Year |
|-----|------------------------|------|
| 1   | C - Sarah Mottershead  | Sr   |
| 1a  | Hannah Lewis           | Jr   |
| 1b  | Sophie Magee           | Fr   |
| 2   | C - Hailey Bambusch    | Sr   |
| 3   | Rose Yoon              | Sr   |
| 4   | Hannah Lewis           | Jr   |
| 5   | Rose Yoon              | Sr   |
| 6   | Susan Latiolait        | Sr   |
| 7   | Laura Burtness         | Jr   |
| 8   | Emily Duncan           | Jr   |
| 9   | Mackenzie Oliver       | Jr   |
| 10  | C - Lindsey Zehner     | Sr   |
| 11  | Liza Overholser        | Fr   |
| 12  | Rachel Andrews         | So   |
| 13  | Sophie Magee           | Fr   |
| 14  | Stephanie Lopez-Huskey | So   |
| 15  | Juliana Collins        | Fr   |
| 16  |                        |      |
| 17  |                        |      |
| 18  |                        |      |

# MT. HOOD CONFERENCE STANDINGS AND LEAGUE HONORS

## BOYS

|                   | <u>W</u> | <u>L</u> |              |
|-------------------|----------|----------|--------------|
| Sandy             | 10       | 1        | Co-Champions |
| Barlow            | 9        | 2        | Co-Champions |
| Reynolds          | 8        | 3        |              |
| Parkrose (5A div) | 7        | 5        |              |
| Gresham           | 4        | 7        |              |
| David Douglas     | 1        | 10       |              |
| Centennial        | 0        | 11       |              |

## GIRLS

|                   | <u>W</u> | <u>L</u> |  |
|-------------------|----------|----------|--|
| David Douglas     | 9        | 2        |  |
| Sandy             | 8        | 3        |  |
| Barlow            | 8        | 3        |  |
| Parkrose (5A div) | 8        | 4        |  |
| Reynolds          | 4        | 7        |  |
| Gresham           | 2        | 9        |  |
| Centennial        | 0        | 11       |  |

## BOYS

### First Team

|                           | <b>School</b> | <b>Year</b> |
|---------------------------|---------------|-------------|
| Philip Bradley            | Sandy         | 12          |
| Alex Brunette             | Barlow        | 11          |
| Josiah Dudley             | Reynolds      | 12          |
| Alex McInerny             | Parkrose      | 12          |
| Razvan Lazea              | Barlow        | 12          |
| Israel Kamerman           | Sandy         | 11          |
| Mike Miller <i>goalie</i> | Barlow        | 11          |

### Second Team

|                              | <b>School</b> | <b>Year</b> |
|------------------------------|---------------|-------------|
| Tyler Byer                   | Reynolds      | 11          |
| Sam Nelson                   | David Douglas | 12          |
| Chris Gibbs                  | Gresham       | 12          |
| Trevor Bow                   | Barlow        | 11          |
| Patrick Thompson             | Sandy         | 11          |
| Jacob Simonson               | Reynolds      | 11          |
| Nathan Clement <i>goalie</i> | Parkrose      | 11          |

### Honorable Mention

|                |               |    |
|----------------|---------------|----|
| Nolan Pow      | Parkrose      | 10 |
| Lance Rondema  | Barlow        | 11 |
| Abe Heacock    | Gresham       | 12 |
| Kris Brush     | Sandy         | 12 |
| Nick Lutton    | Reynolds      | 12 |
| Chad Bangerter | Reynolds      | 12 |
| Bradley Craft  | Centennial    | 11 |
| Jacob Flury    | Barlow        | 10 |
| Travis Pow     | Parkrose      | 12 |
| Anthong Nygyen | David Douglas | 11 |
| Jeremy Ibrahim | Parkrose      | 10 |
| Victor Dang    | David Douglas | 12 |

### Honorable Mention

|                               |          |    |
|-------------------------------|----------|----|
| Jacob Rust                    | Reynolds | 12 |
| Ian Andersen                  | Gresham  | 12 |
| Javier Echavarri              | Reynolds | 12 |
| Josh Newman                   | Parkrose | 12 |
| Drake Aiman                   | Sandy    | 12 |
| Patrick Deegan                | Barlow   | 12 |
| Michael Liddy <i>goalie</i>   | Sandy    | 12 |
| Jake Keller <i>goalie</i>     | Reynolds | 11 |
| Travis Guenther <i>goalie</i> | Gresham  | 11 |

### Player of the Year

|                |       |    |
|----------------|-------|----|
| Philip Bradley | Sandy | 12 |
|----------------|-------|----|

### Coach of the Year

|               |          |  |
|---------------|----------|--|
| Shaun Shelley | Reynolds |  |
|---------------|----------|--|

## GIRLS

### First Team

|                                 | <b>School</b> | <b>Year</b> |
|---------------------------------|---------------|-------------|
| Malena Prlain                   | David Douglas | 11          |
| Alicia Hayes                    | Sandy         | 9           |
| Lily Gall                       | Reynolds      | 11          |
| Shelby Hansen                   | Barlow        | 12          |
| Emily Aronson                   | Parkrose      | 11          |
| Autumn Soule                    | Sandy         | 12          |
| Christy Rasmussen <i>goalie</i> | Barlow        | 12          |

### Second Team

|               | <b>School</b> | <b>Year</b> |
|---------------|---------------|-------------|
| Cassy Slayton | Gresham       | 11          |
| Tosha Garcia  | Parkrose      | 11          |

## Mt. Hood League Honors continued..

|                             |               |    |
|-----------------------------|---------------|----|
| Zoey Tuttle                 | Barlow        | 12 |
| Ally Dazey                  | Reynolds      | 11 |
| Margarita Nilsen            | Sandy         | 12 |
| Davita Eichner              | David Douglas | 11 |
| Carly Gendron <i>goalie</i> | Gresham       | 11 |

### Honorable Mention

|                            |               |    |
|----------------------------|---------------|----|
| Daniella Lisoski           | David Douglas | 10 |
| Courtney Garcia            | Parkrose      | 10 |
| Jordan Anderson            | Reynolds      | 11 |
| Esther Collmer             | Barlow        | 12 |
| Jaime Bartels              | Gresham       | 11 |
| Samantha Haley             | Centennial    | 12 |
| Christa Collmer            | Barlow        | 10 |
| Hannah Hubbard             | Sandy         | 10 |
| Amy Abelein                | Barlow        | 12 |
| Ashley Shoman              | Reynolds      | 10 |
| Natasha McDougal           | Centennial    | 12 |
| Erika Michaud              | Gresham       | 12 |
| Monica White               | Reynolds      | 12 |
| Izzy Woolner               | Parkrose      | 12 |
| Caiti Jarvis               | Sandy         | 12 |
| Sofia Stuart <i>goalie</i> | David Douglas | 10 |
| Kasey Kent <i>goalie</i>   | Sandy         | 11 |
| Ally Goss <i>goalie</i>    | Reynolds      | 11 |

### Player of the Year

|               |               |
|---------------|---------------|
| Malena Prlain | David Douglas |
|---------------|---------------|

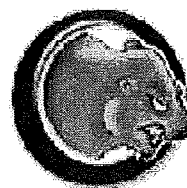
### Coaches of the Year

|                  |               |
|------------------|---------------|
| Angela Schuerman | Barlow        |
| John DeRoest     | David Douglas |

## MT. HOOD CONFERENCE

### BARLOW- BOYS

|                      |                    |
|----------------------|--------------------|
| <b>Coach</b>         | Angela Schuerman   |
| <b>Asst. Coach</b>   | Michael Riegelmann |
| <b>Athletic Dir.</b> | Terry Hanson       |
| <b>Team Mgr.</b>     | Holly Riegelmann   |
| <b>Trainer</b>       | Cameron Purington  |
| <b>Division</b>      | 6A                 |
| <b>Mascot</b>        | Bruins             |



| Cap | Player             | Year |
|-----|--------------------|------|
| 1   | Mike Miller        | Jr   |
| 1a  |                    |      |
| 2   | C - Patrick Deegan | Sr   |
| 3   | Lance Rondema      | Jr   |
| 4   | Trevor Bow         | Jr   |
| 5   | Razvan Lazea       | Sr   |
| 6   | C - Alex Brunette  | Jr   |
| 7   | Mike Miller        | Jr   |
| 8   | Jackson Smith      | So   |
| 9   | Jacob Flury        | So   |
| 10  | Jake O'Kelley      | So   |
| 11  | Cory Rondema       | Sr   |
| 12  | Josh Burgeson      | Sr   |
| 13  | Andrei Lapusan     | So   |
| 14  | Ethan Hansen       | Fr   |
| 15  | Andy Abelein       | Fr   |
| 16  | Cody Boelow        | So   |
| 17  | Brian Hoglund      | So   |
| 18  | Jacob Hoglund      | So   |

## INTERESTED IN OFFICIATING WATERPOLO?

Contact Melody McMaster at  
[mmcmaste@ix.netcom.com](mailto:mmcmaste@ix.netcom.com)

Or

go to [reftown.com](http://reftown.com), select OWPOA, go under  
 public to registration



# Mt. HOOD CONFERENCE STATE ROSTERS

## REYNOLDS - BOYS

**Coach** Shaun Shelley  
**Asst. Coach** Brittany Muzzy  
**Athletic Dir.** John Olsen  
**Team Mgr.**  
**Trainer**  
**Division** 6A  
**Mascot** Raiders



## SANDY - BOYS

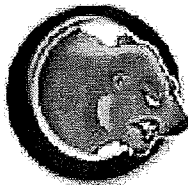
**Coach** Kacie Lofstedt  
**Asst. Coach** Kraig Lofstedt  
**Athletic Dir.** Scott Maltman  
**Team Mgr.** Leza Hayes  
**Trainer**  
**Division** 6A  
**Mascot** Pioneers



| Cap | Player             | Year | Cap | Player           | Year |
|-----|--------------------|------|-----|------------------|------|
| 1   | Nick Lutton        | Sr   | 1   | Michael Liddy    | Sr   |
| 1a  | Andrew Rivenburgh  | So   | 1a  |                  |      |
| 2   | Taylor Robinson    | Jr   | 2   | Patrick Thompson | Jr   |
| 3   | Jacob Simonson     | Jr   | 3   | Israel Kamerman  | Jr   |
| 4   | Jacob Rust         | Sr   | 4   | Codee Sheets     | Fr   |
| 5   | C - Josiah Dudley  | Sr   | 5   | Westyn Anke      | Jr   |
| 6   | C - Chad Bangerter | Sr   | 6   | Philip Bradley   | Sr   |
| 7   | Nick Lutton        | Sr   | 7   | Jacob Hayes      | So   |
| 8   | Grant Willey       | Sr   | 8   | Cody Clubb       | So   |
| 9   | Austin Sanders     | So   | 9   |                  |      |
| 10  | Jake Keller        | Jr   | 10  |                  |      |
| 11  | Tyler Byer         | Jr   | 11  |                  |      |
| 12  | Willy Steerman     | Sr   | 12  | Drake Aiman      | Sr   |
| 13  | Gabe Schmidt       | Jr   | 13  |                  |      |
| 14  | Nick Bottger       | Jr   | 14  |                  |      |
| 15  | Nick Berry         | So   | 15  | Kris Brush       | Sr   |
| 16  | Sterling Anderson  | Fr   | 16  | Michael Liddy    | Sr   |
| 17  | Javier Fernandez   | Sr   | 17  |                  |      |
| 18  | Trevor Bascom      | So   | 18  |                  |      |

**BARLOW - GIRLS**

**Coach** Angela Schuerman  
**Asst. Coach** Michael Riegelmann  
**Athletic Dir.** Terry Hanson  
**Team Mgr.** Holly Riegelmann  
**Trainer** Cameron Purington  
**Division** 6A  
**Mascot** Bruins

**DAVID DOUGLAS - GIRLS**

**Coach** John De Roest  
**Asst. Coach** Shawn Orchard  
**Athletic Dir.** Stan Woodfill  
**Team Mgr.** Mary Jo Wilcox  
**Trainer**  
**Division** 6A  
**Mascot** Scots



| Cap | Player            | Year |
|-----|-------------------|------|
| 1   | Christy Rasmussen | Sr   |
| 1a  | Christa Collmer   | So   |
| 2   | Kara Barnett      | So   |
| 3   | Megan Burgess     | So   |
| 4   | Zoey Tuttle       | Sr   |
| 5   | Shelby Hansen     | Sr   |
| 6   | Sarah Carpenter   | So   |
| 7   | Christa Collmer   | So   |
| 8   | Amy Abelein       | Sr   |
| 9   | Breanna Hill      | So   |
| 10  | Esther Collmer    | Sr   |
| 11  | Samantha Offerman | So   |
| 12  | Mia Ratto         | Jr   |
| 13  | Paige Rolin       | So   |
| 14  | Christy Rasmussen | Sr   |
| 15  | Audrey Dahlberg   | Fr   |
| 16  | Jordan Ford       | So   |
| 17  |                   |      |
| 18  |                   |      |

| Cap | Player             | Year |
|-----|--------------------|------|
| 1   | Sophia Stuart      | So   |
| 1a  | Stephanie Zibulsky | Sr   |
| 2   | Amanda Abbott      | Sr   |
| 3   | C - Melena Prlain  | Jr   |
| 4   | Celeste Hunter     | Sr   |
| 5   | C - Laura Whedon   | Sr   |
| 6   | Kirsten Forsyth    | Jr   |
| 7   | Ally Olsen         | Fr   |
| 8   | Ceara Coates       | Sr   |
| 9   | Stephanie Zibulsky | Sr   |
| 10  | Davita Eichner     | Jr   |
| 11  | Danielle Lisosky   | So   |
| 12  | Tesse Zibulsky     | Fr   |
| 13  | Sophia Stuart      | So   |
| 14  | Abby Winchester    | Fr   |
| 15  | Raiko Kaneshige    | Fr   |
| 16  | Minh Nhat Nguyen   | Fr   |
| 17  | Nikke Overton      | Fr   |
| 18  |                    |      |

## Pac 9 League Standings &

### BOYS W L

|              |    |    |
|--------------|----|----|
| Newberg      | 10 | 0  |
| Tualatin     | 8  | 2  |
| Lake Oswego  | 6  | 4  |
| Tigard       | 4  | 6  |
| Lakeridge    | 2  | 8  |
| Forest Grove | 0  | 10 |

### BOYS

#### First Team

| Craig Cheney               | School      |
|----------------------------|-------------|
| Craig Cheney               | Newberg     |
| Vlad Gancea                | Tualatin    |
| Brad Alvarez               | Tualatin    |
| Stefan Solstrom            | Lake Oswego |
| Kale Rogers                | Newberg     |
| Jeff Rogers                | Tigard      |
| Brian Cheney <i>goalie</i> | Newberg     |

#### Second Team

|                              |              |
|------------------------------|--------------|
| Joey Bora                    | Lakeridge    |
| Taylor McMaster              | Newberg      |
| Scott Sesser                 | Tualatin     |
| Blake Thomas                 | Newberg      |
| Joel Lacardo                 | Forest Grove |
| Ross Wardrop                 | Lake Oswego  |
| John Verlinich <i>goalie</i> | Lake Oswego  |

#### Honorable Mention

|                            |             |
|----------------------------|-------------|
| Ian McKenzie               | Newberg     |
| Robert Brumley             | Lake Oswego |
| John Triesch               | Tualatin    |
| Kyle Stockbridge           | Lake Oswego |
| Garrett Zakrzewski         | Tigard      |
| Mike Meade                 | Tualatin    |
| Tristan Larson             | Tigard      |
| John Wirtz                 | Tualatin    |
| Brad Alvarez <i>goalie</i> | Tualatin    |
| Michael Hoch <i>goalie</i> | Lakeridge   |
| Evan Loen <i>goalie</i>    | Tualatin    |

**MVP** Craig Cheney      Newberg

## All League Honors

### Girls W L

|              |    |    |
|--------------|----|----|
| Newberg      | 10 | 0  |
| Tualatin     | 8  | 2  |
| Tigard       | 5  | 5  |
| Lake Oswego  | 5  | 5  |
| Lakeridge    | 2  | 8  |
| Forest Grove | 0  | 10 |

### GIRLS

#### First Team

| Keilani Ladrini             | School      |
|-----------------------------|-------------|
| Keilani Ladrini             | Newberg     |
| Jessica Medvec              | Tualatin    |
| Bryn Hudson                 | Tualatin    |
| Marina Howard               | Lake Oswego |
| Melissa Myers               | Tigard      |
| Jamie Hockema               | Newberg     |
| Pammela Ladrini             | Newberg     |
| Alysha Recore <i>goalie</i> | Tualatin    |

#### Second Team

|                                 |             |
|---------------------------------|-------------|
| Vanessa Gertsmar                | Tualatin    |
| Nikki Pond                      | Tigard      |
| Kindra Fish                     | Newberg     |
| Lexi Burris                     | Lakeridge   |
| Kendra Mundstock                | Tualatin    |
| Elana Langer                    | Lake Oswego |
| Meghan O'Halloran <i>goalie</i> | Newberg     |

#### Honorable Mention

|                           |              |
|---------------------------|--------------|
| Guinivere Schuster        | Tualatin     |
| Delaney Rooney            | Lake Oswego  |
| Emily Skach               | Tigard       |
| Dusty Palmore             | Newberg      |
| Molly Clark               | Forest Grove |
| Emily Labbato             | Tualatin     |
| Dana Kilsby <i>goalie</i> | Lake Oswego  |

**MVP** Keilani Ladrini      Newberg

DID YOU KNOW that Waterpolo was the  
1<sup>st</sup> Olympic team sport?

## PAC-9 STATE ROSTERS

### NEWBERG - BOYS

**Coach** Jim McMaster  
**Asst. Coach** Rich Tobergte  
**Athletic Dir.** Tim Burke  
**Team Mgr.** Spencer McMaster  
**Trainer** Gretchen Nylander  
**Division** 6A  
**Mascot** Tigers



| Cap | Player             | Year |
|-----|--------------------|------|
| 1   | Brian Cheney       | Jr   |
| 1a  |                    |      |
| 2   | Sabastian Cantrell | So   |
| 3   | Kristen Hansen     | So   |
| 4   | Colton Saunders    | So   |
| 5   | Matthew Hansen     | So   |
| 6   | Blake Thomas       | Sr   |
| 7   | Tyler Roy          | Sr   |
| 8   | Tucker Bascom      | Jr   |
| 9   | Matthew Weger      | Jr   |
| 10  | C – Craig Cheney   | Jr   |
| 11  | Cole Hansen        | So   |
| 12  | Taylor McMaster    | Fr   |
| 13  | Kale Rogers        | Fr   |
| 14  | Ian McKenzie       | Sr   |
| 15  |                    |      |

DID YOU KNOW...  
 That USA Water Polo Rules  
 and High School Rules are  
 not all the same?

### TUALATIN - BOYS

**Coach** Russ Alvarez  
**Asst. Coach** Ryan Deahn  
**Athletic Dir.** Mark Marten  
**Team Mgr.** Shane Lofgren  
**Trainer** George Hollmann  
**Division** 6A  
**Mascot** Timberwolves

Timberwolves



| Cap | Player           | Year |
|-----|------------------|------|
| 1   | C – Brad Alvarez | Sr   |
| 1a  | Evan Loen        | So   |
| 2   | John Wirtz       | Jr   |
| 3   | Mike Meade       | So   |
| 4   | Vlad Gancea      | Sr   |
| 5   | C – Scott Sesser | Sr   |
| 6   | Michael Poach    | So   |
| 7   | Brian Symonds    | Sr   |
| 8   | Brandon Troxel   | Sr   |
| 9   | Evan Loen        | So   |
| 10  | Eric Kjemperud   | Sr   |
| 11  | Cameron Coupé    | So   |
| 12  | Mark Roth        | So   |
| 13  | Jacob Gifford    | Fr   |
| 14  | Jacob Molé       | Fr   |
| 15  | John Triesch     | Sr   |
| 16  | Zach McPherson   | Sr   |
| 17  | Brad Alvarez     | Sr   |
| 18  | Wilson Giles     | Fr   |



## LAKE OSWEGO - GIRLS

**Coach** Rick Payne  
**Asst. Coach** Paula Heifel  
**Athletic Dir.** Mike Coulson  
**Team Mgr.** Marty Verlinich  
**Trainer**  
**Division** 6A  
**Mascot** Lakers



## NEWBERG- GIRLS

**Coach** Jim McMaster  
**Asst. Coach** Rich Tobergte  
**Athletic Dir.** Tim Burke  
**Team Mgr.** Spencer McMaster  
**Trainer** Gretchen Nylander  
**Division** 6A  
**Mascot** Tigers



| Cap | Player            | Year |
|-----|-------------------|------|
| 1   | Dana Kilsby       | So   |
| 1a  |                   |      |
| 2   | Clarice Mottet    | So   |
| 3   | Alyssa Vance      | Jr   |
| 4   |                   |      |
| 5   | Elena Langer      | So   |
| 6   | C – Delaney Roney | Jr   |
| 7   | Claire Slaughter  | Sr   |
| 8   |                   |      |
| 9   | Ilse Paanaker     | So   |
| 10  | Megna Agarwal     | Fr   |
| 11  | Haley Howard      | So   |
| 12  | C – Marine Howard | Sr   |
| 13  |                   |      |
| 14  | Mattie Sleeth     | Sr   |

| Cap | Player              | Year |
|-----|---------------------|------|
| 1   | Meghan O'Halloran   | So   |
| 1a  |                     |      |
| 2   | Kindra Fish         | Jr   |
| 3   | Keilani Ladrini     | So   |
| 4   | Lisa Maas           | Jr   |
| 5   | Heta Lukjanow       | Jr   |
| 6   | C – Pammela Ladrini | Jr   |
| 7   | Jamie Hockema       | Jr   |
| 8   | Savannah Youngquist | Jr   |
| 9   | Sadie Youngquist    | Jr   |
| 10  | Kim Lattig          | So   |
| 11  | Dusty Palmore       | Sr   |
| 12  | Erica Warnshus      | Jr   |
| 13  |                     |      |

### DID YOU KNOW.....

That Oregon had a 2008 Women's Olympic Silver Medalist  
 that played for Beaverton?

## TUALATIN – GIRLS

**Coach** Russ Alvarez  
**Asst. Coach** Ryan Deahn  
**Athletic Dir.** Mark Marten  
**Team Mgr.** Shane Lofgren  
**Trainer** George Hollmann  
**Division** 6A  
**Mascot**

Timberwolves



| Cap | Player               | Year |
|-----|----------------------|------|
| 1   | C – Alysha Recore    | Sr   |
| 1a  | Jaelyn Began         | Jr   |
| 2   | Jaelyn Began         | Jr   |
| 3   | C – Jessica Medvec   | Sr   |
| 4   | Lainee Perala        | Jr   |
| 5   | Jane Dominick        | Jr   |
| 6   | Meghan Gifford       | Jr   |
| 7   | Katie Newgard        | Fr   |
| 8   | Bryn Hudson          | Fr   |
| 9   | Jennifer Recore      | Fr   |
| 10  | Emily Recore         | Fr   |
| 11  | Guinevere Schuster   | Sr   |
| 12  | Vanessa Gerstmar     | Jr   |
| 13  | Emily Lobbato        | So   |
| 14  | C – Kendra Mundstock | Sr   |
| 15  | Amanda Thompson      | Sr   |
| 16  | Alysha Recore        | Sr   |
| 17  | Lauren bradish       | Jr   |

## OSBORN AQUATIC CENTER – GENERAL INDOOR POOL RULES

- No one under the influence of drugs or alcohol permitted in the building.
- No food or drink or gum in locker rooms or on pool deck. No smoking anywhere in or around the building.
- No street shoes on the deck.
- No glass objects on Osborn Aquatic Center grounds.
- Health code requires showers before entering pool.
- Stay off bulkhead, lane lines, starting blocks and guard towers.
- No flips or back dives off the side of the pool.
- No horseplay (i.e. running, dunking, pushing, chicken fights etc.) and no foul language.
- People with infections, fevers, coughs or skin diseases are not permitted in the pool.
- Patrons are not allowed behind the counter in the office.
- Modest Swimsuits are required at all times
- No one is allowed in the pool without a lifeguard present.
- No unnecessary talking with the lifeguards.
- No swinging or playing on the ladders.
- Lifeguard's judgment is final.

# SOUTHERN ALL CONFERENCE TEAMS (4A/5A/6A)

## SOUTHERN BOYS

### First Team

Robin Haase  
Aaron Bishow  
Tyler Parmelee  
Troy Robinson  
Colby Fix-Carter  
Kenji Hammon  
David Jampolsky *Goalie*

### Second Team

David Elligot  
Lucas Opgenorth  
Jacob Stock  
Gus Hanneman  
Jake Gavin  
Lief Odegard  
Gavin Nash  
Jacob Deines  
Eric Mathews  
Willis Plummer *Goalie*

### Honorable Mention

Tyler Radke  
Brandon Curtis  
Ben Hermach  
Mike McGirr  
Brant Stanley  
Colton Hansen  
Wynn Micheal  
Rafferty Swink  
Phillip Welch  
Seth Hodsdon  
Andrew Edsall  
Liam Wong  
Arthur Sibgatullin  
Kyle Freeman  
John Berg  
Tim Eells  
Art Hickman  
Marshall Balderston  
Brady Kirkpatrick  
Cameron Lindsey  
Luke Lindsey  
Taylor Jones  
Kishan Fellows  
Zeb Earl *Goalie*  
Ben Dixon *Goalie*  
Colter Dawson *Goalie*  
Blaine Patrick Werner *Goalie*

### MVP All Conference

Robin Haase  
Aaron Bishow

### School

Ashland  
South Eugene  
Marist  
Ashland  
Cottage Grove  
South Eugene  
South Eugene

### School

Cottage Grove  
Ashland  
South Eugene  
South Eugene  
Ashland  
Sheldon  
Cottage Grove  
Marist  
North Eugene  
Ashland

### School

Sheldon  
Sheldon  
North Eugene  
Marist  
Sheldon  
Marist  
Ashland  
Ashland  
Sheldon  
South Eugene  
South Eugene  
South Eugene  
South Eugene  
Cottage Grove  
Cottage Grove  
Marist  
Marist  
Marist  
North Eugene  
North Eugene  
North Eugene  
North Eugene  
Cottage Grove  
Sheldon  
North Eugene  
Marist

Ashland  
South Eugene

## SOUTHERN GIRLS

### First Team

Natalie DelCarlo  
Allison Gida  
Delsey Maus  
Drew Haines  
Ashley Minster  
Kelly McGrath  
Aimee Smith *Goalie*

### Second Team

Jennifer Conrad  
T'nika Richardson  
Tori Lipski  
Xenia Contreras  
Hannah Rosenberg  
Demi Maus  
Kathryn Ness  
Carley Santee *Goalie*

### Honorable Mention

Sonya Fabricant  
Linday Humphries  
Lizzie Gray  
Hannah Powers  
Bonnie-Rose Carroll  
Mackenzie Langford  
Rita Krantz  
Isabel Stock  
Sarah Herrmann  
Brittany Haley  
Emily Wanless  
Kelsey Westhelle-Grant  
Kalli Walker  
Jacy Mairs  
Taylor Shen-Daily *Goalie*  
Jenny Murray *Goalie*

### MVP All Conference

Natalie DelCarlo

### School

Ashland  
Ashland  
Cottage Grove  
South Eugene  
North Eugene  
North Eugene  
Cottage Grove

### School

Cottage Grove  
South Eugene  
Ashland  
Ashland  
Sheldon  
Cottage Grove  
South Eugene  
Ashland

### School

South Eugene  
Sheldon  
Sheldon  
Sheldon  
North Eugene  
North Eugene  
Cottage Grove  
South Eugene  
South Eugene  
South Eugene  
Sheldon  
Ashland  
Ashland  
Ashland  
South Eugene  
North Eugene

Ashland

### Tournament MVPs

Aaron Bishow  
Jenny Murray

South Eugene  
North Eugene

# SOUTHERN CONFERENCE STATE ROSTERS

## SOUTH EUGENE - BOYS

**Coach** Doug Smith  
**Asst. Coach**  
**Athletic Dir.** Dave Hancock  
**Team Mgr.** Ron Thompson  
**Trainer**  
**Division** 6A  
**Mascot** Axemen



## SOUTH EUGENE - GIRLS

**Coach** Laura von Stockhausen  
**Asst. Coach** Katie Fletcher  
**Athletic Dir.** Dave Hancock  
**Team Mgr.** Ron Thompson  
**Trainer**  
**Division** 6A  
**Mascot** Axemen



| Cap | Player             | Year |
|-----|--------------------|------|
| 1   | David Jampolsky    | Sr   |
| 1a  | Graham Cameron     | Jr   |
| 1b  | Navarre Ginsberg   | Fr   |
| 2   | Kenny Susuico      | So   |
| 3   | Seth Hodsdon       | So   |
| 4   | Andrew Edsall      | Jr   |
| 5   | David Jampolsky    | Sr   |
| 6   | Logan Peticolas    | So   |
| 7   | Liam Wong          | Fr   |
| 8   | C – Jacob Stock    | Sr   |
| 9   | C – Aaron Bishow   | Sr   |
| 10  | Kenji Hammon       | Jr   |
| 11  | Arther Sibgatullin | Jr   |
| 12  | Gus Hanneman       | Jr   |
| 13  | Kyle Freeman       | Fr   |
| 14  | Graham Cameron     | Jr   |
| 15  | Ben Shen-Daily     | Sr   |
| 16  |                    |      |
| 17  | Hayes Vertulfo     | Fr   |
| 18  | Navarre Ginsberg   | Fr   |

| Cap | Player            | Year |
|-----|-------------------|------|
| 1   | Taylor Shen-Daily | So   |
| 1a  |                   |      |
| 2   | Sarah Herrmann    | Fr   |
| 3   | Sonya Fabricant   | Sr   |
| 4   | T'nika Richardson | Sr   |
| 5   | Brittany Hayes    | Fr   |
| 6   | Dhruti Patel      | Fr   |
| 7   | Jenny Koh         | Fr   |
| 8   | Kathryn Ness      | Sr   |
| 9   | Isabel Stock      | Fr   |
| 10  |                   |      |
| 11  | C – Drew Haines   | Sr   |
| 12  |                   |      |
| 13  |                   |      |
| 14  | Danielle Zeitz    | Fr   |
| 15  |                   |      |

DID YOU KNOW....that the ball must pass completely behind the front of the bar for it to be called a goal?

# VALLEY LEAGUE STANDINGS

## BOYS

W L T

South Salem  
Sprague  
Redmond  
West Salem

## GIRLS

W L T

South Salem  
West Salem  
Sprague  
Redmond

# VALLEY ALL LEAGUE HONORS

## BOYS

### First Team

Joseph Deleone  
Kevin Barriga  
Cassey Shieling  
Alex Edison  
Natanial Smith-Tripp  
Eric Hance  
Miles Gorman *Goalie*

### School

Redmond  
South Salem  
South Salem  
West Salem  
Sprague  
Sprague  
West Salem

### Second Team

Aaron White  
Grady Beck  
Alex Bernardo  
Daniel Morgan  
Paul LaVine  
Ben Smith  
Keifer Palm  
Patrick DeJarnett  
Stas Advcev *Goalie*

### School

Redmond  
South Salem  
Sprague  
West Salem  
South Salem  
Redmond  
Redmond  
West Salem  
Sprague

### Honorable Mention

Conner Plant  
Jake Gardner  
Eric Vigland  
Michael Ruck  
Jacob Branaugh  
Jake White  
Tijn Jensen  
Agustin Vega-Peters

### School

Sprague  
Sprague  
South Salem  
South Salem  
Redmond  
Redmond  
West Salem  
West Salem

### MVP

Joseph Deleone  
Kevin Barriga

Redmond  
South Salem

## GIRLS

### First Team

Jennifer Rodgers  
Danielle Mooney  
Breann Kinsey  
Kylie Burk  
Kristie Beavert  
Rachel Gage Sprague  
Megan Emery *Goalie*

### School

South Salem  
Sprague  
West Salem  
Redmond  
West Salem  
West Salem

### Second Team Girls

Erin Pattyn  
Natasha Geiling  
Gayleen Brown  
Melissa Dunagan  
Margo Caramella  
Nicole Straight  
Kacey Brunson *Goalie*

Sprague  
South Salem  
South Salem  
Redmond  
Redmond  
West Salem  
Sprague

### Honorable Mention

Tai White-Tooney  
Natalie Miller  
Erica Frear  
Megan Trujillo  
Teresa Green  
Anna Kitchin  
Allison Culver  
Nicole Green

### School

South Salem  
Redmond  
Sprague  
Sprague  
South Salem  
Redmond  
West Salem  
West Salem

### MVP

Jennifer Rodgers

South Salem

DID YOU KNOW that the playoff referees are voted in by the coaches?

## 4A/5A DIVISION STANDINGS

### BOYS

Central (not submitted)  
 Mid\_Willamette  
 West Albany\*  
 South Albany  
 Woodburn  
 Sweet Home  
 North West (not submitted)  
 Parkrose\*  
 Southern  
 Ashland\*  
 Cottage Grove\*  
 Marist

## VALLEY ALL LEAGUE HONORS

### VALLEY BOYS

#### First Team

Logan Grossman  
 Austin Brown  
 Quinn Baxter  
 Luke Pebley  
 Kyle Hausheer  
 Casey Scheiber  
 Hunter Sams *Goalie*

#### Second Team

Sava Toran  
 Daniel Struble  
 Jacob Plugmann  
 Dillon Ybarra  
 Jonathan Brink-Roby  
 Cory Martin  
 Keith Childers *Goalie*

#### Honorable Mention

Taylor Hanslovan  
 Sebas Mauer  
 Holden Greene  
 Mitchell Sherperd  
 Matt Leviton  
 Aaron Snider

#### MVP Logan Grossman

#### School

West Albany  
 West Albany  
 South Albany  
 C.V.  
 West Albany  
 C.V.  
 West Albany

#### School

Woodburn  
 South Albany  
 South Albany  
 Woodburn  
 Woodburn  
 Sweet Home  
 South Albany

#### School

West Albany  
 Sweet Home  
 Sweet Home  
 Woodburn  
 Woodburn  
 C.V.  
 West Albany

### GIRLS

Central (not submitted)  
 Mid\_Willamette  
 West Albany\*  
 Crescent Valley  
 South Albany  
 Sweet Home  
 North West (not submitted)  
 Parkrose\*  
 Southern  
 North Eugene\*  
 Ashland\*  
 Cottage Grove

### VALLEY GIRLS

#### First Team

Kristin Warner  
 Katya Soot  
 Kaitlin Glenn  
 Elia Beugli  
 Laura Gourley  
 Brienna Eamons  
 Molly Doran *Goalie*

#### Second Team

Kasey Kruesi  
 Roxy Ower  
 Katie Kinney  
 Emily Gitt  
 Shelby Miller  
 Sami Webb  
 Ashleigh Pilkerton *Goalie*  
 Mandy Melcher *Goalie*  
 Cheryl Wilson *Goalie*

#### Honorable Mention

Sarah Croy  
 MVP Kristin Warner

### CENTRAL GIRLS

#### First Team

Naomi Nagler  
 Aubrie Lund  
 Maren Dent  
 Lauren Wright  
 Rachel Logan  
 Courtney Beale  
 Laura Bainbridge *Goalie*  
 MVP Naomi Nagler

#### School

West Albany  
 West Albany  
 West Albany  
 South Albany  
 Sweet Home  
 West Salem  
 C.V.

#### School

South Albany  
 C.V.  
 Sweet Home  
 C.V.  
 South Albany  
 Sweet Home  
 West Albany  
 South Albany  
 Sweet Home

#### School

West Albany  
 West Albany

#### School

Mt. View  
 Bend High  
 Mt. View  
 Bend High  
 Mt. View  
 Summit High  
 Summit High  
 Mt. View

#### Year

Sr  
 Jr  
 Jr  
 Jr  
 Jr  
 So  
 Sr  
 Sr

## 4A/5A DIVISION STATE ROSTERS

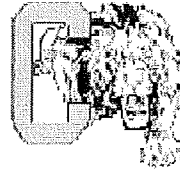
### ASHLAND - BOYS

**Coach** Christi Gilmore  
**Asst. Coach** Jocelyn Sanford  
**Athletic Dir.** Karl Kemper  
**Team Mgr.**  
**Trainer**  
**Division** 4A/5A  
**Mascot** Grizzlies



### COTTAGE GROVE - BOYS

**Coach** Heather Bridgens  
**Asst. Coach** Jason Mills  
**Athletic Dir.** Dave Presley  
**Team Mgr.** Jessica Sander  
**Trainer**  
**Division** 4A/5A  
**Mascot** AquaLions



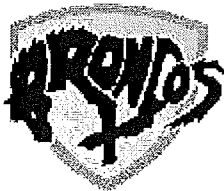
| Cap | Player               | Year |
|-----|----------------------|------|
| 1   | Willis Plummer       | Jr   |
| 1a  | Richard Thomas       | Fr   |
| 2   | C – Troy Robinson    | Sr   |
| 3   | Robin Haase          | Jr   |
| 4   | Mahkah Wu            | Jr   |
| 5   | Rafferty Swink       | Jr   |
| 6   | Johnathan Plumlee    | Jr   |
| 7   | C- Lucas Ogenorth    | Jr   |
| 8   | Wynn Micheals        | Jr   |
| 9   | Forrest Kollar       | Fr   |
| 10  | Alex Harris          | Jr   |
| 11  | James Compeau        | Fr   |
| 12  | Jake Gavin           | Jr   |
| 13  | Forrest Georgevitch  | Fr   |
| 14  | Evan Westhelle-Grant | Fr   |
| 15  | Adam Good            | Fr   |
| 16  | Parker Masse         | Fr   |
| 17  | Callum Knights       | Fr   |
| 18  | Noah Smith           | Fr   |

| Cap | Player               | Year |
|-----|----------------------|------|
| 1   | Zeb Earl             | Jr   |
| 1a  |                      |      |
| 2   | John Pham            | Fr   |
| 3   | C – Colby Fix-Carter | Sr   |
| 4   | C – David Elligott   | Sr   |
| 5   | Shad Harvey          | So   |
| 6   | Kyle Fringer         | Fr   |
| 7   | Tim Eells            | Sr   |
| 8   | Jon Berg             | Sr   |
| 9   | Zeb Earl             | Jr   |
| 10  |                      |      |
| 11  | August Ensminger     | Fr   |
| 12  | Gavin Nash           | Fr   |

DID YOU KNOW....that the goal keeper cannot go past the ½ mark of the pool?

**PARKROSE - BOYS**

**Coach** Gary Muzzy  
**Asst. Coach** Ben Talbott  
**Athletic Dir.** Sanjay Bedi  
**Team Mgr.** Diane Pow  
**Trainer**  
**Division** 4A/5A  
**Mascot** Broncos



| Cap | Player             | Year |
|-----|--------------------|------|
| 1   | Nathan Clement     | Jr   |
| 1a  | Ryan Stoddard      | Sr   |
| 2   | C - Alex McInerny  | Sr   |
| 3   | Travis Pow         | Sr   |
| 4   | Josh Newman        | Sr   |
| 5   | Jeremy Ibrahim     | So   |
| 6   | Caleb Thompson     | Jr   |
| 7   | Ian Evans          | Jr   |
| 8   | Joe Stevens        | So   |
| 9   | C - Bruce Neelands | Jr   |
| 10  | Nolan Pow          | So   |
| 11  | Nathan Clement     | Jr   |
| 12  | Sam Stites         | Jr   |
| 13  | Ryan Stoddard      | Sr   |
| 14  | Nadison Kannan     | Fr   |
| 15  | Sam Miller         | Fr   |
| 16  | Victor Rojas       | Fr   |
| 17  |                    |      |
| 18  |                    |      |

**WEST ALBANY - BOYS**

**Coach** Rob Romancier  
**Asst. Coach** Rob Nelke  
**Athletic Dir.** Rich Sipe  
**Team Mgr.** Josh Bryant  
**Trainer**  
**Division** 4A/5A  
**Mascot** Bulldogs

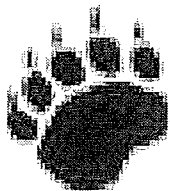


| Cap | Player             | Year |
|-----|--------------------|------|
| 1   | Hunter Sams        | Jr   |
| 1a  | Josh Etherton      | Sr   |
| 2   | Hunter Sams        | Jr   |
| 3   |                    |      |
| 4   | Jacob DeLoe        | Fr   |
| 5   | C - Logan Grossman | Sr   |
| 6   | David Glenn        | So   |
| 7   | Taylor Hanslovan   | Sr   |
| 8   | Cole Eberhart      | Jr   |
| 9   | C - Kyle Hausheer  | Jr   |
| 10  | Reilly Bryant      | Jr   |
| 11  | Ben Nierman        | Jr   |
| 12  | Hayden Shelby      | So   |
| 13  | C - Austin Brown   | Sr   |
| 14  | Justin Brown       | So   |
| 15  | Josh Etherton      | Sr   |
| 16  | Tony Marcon        | Jr   |
| 17  | Barrett Tegner     | Sr   |
| 18  |                    |      |



**ASHLAND - GIRLS**

**Coach** Christi Gilmore  
**Asst. Coach** Jocelyn Sanford  
**Athletic Dir.** Karl Kemper  
**Team Mgr.**  
**Trainer**  
**Division** 4A/5A  
**Mascot** Grizzlies

**NORTH EUGENE - GIRLS**

**Coach** Bill Kuzmer  
**Asst. Coach**  
**Athletic Dir.** Cory Nichol森  
**Team Mgr.** Marsha Malcolm  
**Trainer**  
**Division** 4A/5A  
**Mascot** Highlanders



| Cap | Player                 | Year |
|-----|------------------------|------|
| 1   | Carley Santee          | Jr   |
| 1a  | Abby Kollar            | Jr   |
| 2   | Kelsey Westhelle-Grant | Sr   |
| 3   | Abby Kollar            | Jr   |
| 4   | Tori Lipski            | Sr   |
| 5   | Jacy Mairs             | Jr   |
| 6   | Kalli Walker           | Jr   |
| 7   | C- Natalie DelCarlo    | Sr   |
| 8   | C- Allison Gida        | Jr   |
| 9   |                        |      |
| 10  | Xenia Contreras        | Jr   |
| 11  |                        |      |
| 12  | Giacomelli Sophia      | Sr   |
| 13  | Carley Santee          | Jr   |

| Cap | Player             | Year |
|-----|--------------------|------|
| 1   | C - Jenny Murray   | Sr   |
| 1a  | Domo Radoin        | Fr   |
| 2   | Stacia Melton      | So   |
| 3   |                    |      |
| 4   | Allee Reed         | Fr   |
| 5   | C - Sara Tompkins  | Sr   |
| 6   | C -Ashley Minster  | Sr   |
| 7   | Grace Langford     | Fr   |
| 8   | Kelly McGrath      | Jr   |
| 9   | MacKenzie Langford | Fr   |
| 10  | Makayla Sexton     | Fr   |
| 11  | Danielle Williams  | Jr   |
| 12  | Alyssa Allwander   | Fr   |
| 13  | Brianna Kemper     | Sr   |
| 14  | Haley Wade         | Fr   |
| 15  | BonnieRose Carroll | Jr   |

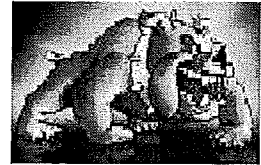
**DID YOU KNOW....**that a high school coach cannot coach their own team from the end of the high school season to the end of the High School Spring Sport season – usually the end of May or they become ineligible to coach the next high school season?

**PARKROSE - GIRLS**

**Coach** Gary Muzzy  
**Asst. Coach** Ben Talbott  
**Athletic Dir.** Sanjay Bedi  
**Team Mgr.** Allison Newman  
**Trainer**  
**Division** 4A/5A  
**Mascot** Broncos

**WEST ALBANY - GIRLS**

**Coach** Rob Romancier  
**Asst. Coach** Rob Nelke  
**Athletic Dir.** Rich Sipe  
**Team Mgr.** Sierra Carroll  
**Trainer**  
**Division** 4A/5A  
**Mascot** Bulldogs



| Cap | Player              | Year |
|-----|---------------------|------|
| 1   | C - Emily Aronson   | Sr   |
| 1a  | Dominique Garrison  | Fr   |
| 2   | Emily Aronson       | So   |
| 3   | Marie Coyle         |      |
| 4   |                     | Fr   |
| 5   | Marissa Stevens     | Sr   |
| 6   | Izzy Woolner        | Sr   |
| 7   |                     | Fr   |
| 8   | Brianna Newman      | Jr   |
| 9   | Courtney Garcia     | Fr   |
| 10  |                     | Fr   |
| 11  | Dominique Garrison  | Jr   |
| 12  | Tosha Garcia        | Fr   |
| 13  | Lily Rojas          | Sr   |
| 14  | Lucy Eufragio-Lopez | Fr   |
| 15  |                     |      |

| Cap | Player               | Year |
|-----|----------------------|------|
| 1   | Ashleigh Pilkerton   | Jr   |
| 1a  | Lauren Burchfiel     | Sr   |
| 2   | Svea Larson          | So   |
| 3   | Rebecca Croy         | So   |
| 4   | Lauren Burchfiel     | Sr   |
| 5   | Kristen Dysinger     | Jr   |
| 6   | Sarah Croy           | Jr   |
| 7   | Kalie Crangle        | Jr   |
| 8   | C - Kristen Warner   | Sr   |
| 9   | Stephanie Johnson    | Sr   |
| 10  | Lauren Boyd          | Jr   |
| 11  | Alice Marshall       | Sr   |
| 12  | Alexis Dowell-DeLair | So   |
| 13  | Chelsey Lavin        | Sr   |
| 14  | Megan Carroll        | Sr   |
| 15  | Michelle Dean        | Jr   |
| 16  | Haylee Goldsberry    | Jr   |
| 17  | Kaitlin Glenn        | Sr   |
| 18  | C -Katya Soot        | Jr   |

DID YOU KNOW...that the OHSWPC  
 Board of Directors are volunteers?

# OREGON HIGH SCHOOL WATER POLO BOYS STATE CHAMPIONSHIPS

| Year | 1st           | 2nd           | 3rd           | 4th            | City        |
|------|---------------|---------------|---------------|----------------|-------------|
| 2007 | Newberg       | South Eugene  | Tualatin      | Tualatin Hills | Beaverton   |
| 2006 | Newberg       | Westview      | Southridge    | Osborn         | Corvallis   |
| 2005 | Newberg       | Westview      | Tualatin      | Tualatin Hills | Beaverton   |
| 2004 | Westview      | Sandy         | Newberg       | Osborne        | Corvallis   |
| 2003 | Westview      | Newberg       | Ashland       | Tualatin Hills | Beaverton   |
| 2002 | Westview      | Aloha         | S. Eugene     | Osborne        | Corvallis   |
| 2001 | Westview      | Ashland       | Newberg       | Tualatin Hills | Beaverton   |
| 2000 | Newberg       | Westview      | Beaverton     | Osborn         | Corvallis   |
| 1999 | Newberg       | Westview      | Ashland       | Tualatin Hills | Beaverton   |
| 1998 | Westview      | Sheldon       | Newberg       | Osborn         | Corvallis   |
| 1997 | Beaverton     | Newberg       | Westview      | Tualatin Hills | Beaverton   |
| 1996 | Beaverton     | Westview      | Sunset        | Osborn         | Corvallis   |
| 1995 | Sheldon       | Sunset        | Beaverton     | Tualatin Hills | Beaverton   |
| 1994 | Newberg       | Sunset        | Sheldon       | Osborn         | Corvallis   |
| 1993 | Sheldon       | Newberg       | Parkrose      | Osborn         | Corvallis   |
| 1992 | Newberg       | Sheldon       | David Douglas | Tualatin Hills | Beaverton   |
| 1991 | Newberg       | Sheldon       | Parkrose      | Osborn         | Corvallis   |
| 1990 | Sheldon       | Newberg       | Sunset        | Tualatin Hills | Beaverton   |
| 1989 | Newberg       | Sunset        | Gresham       | Osborn         | Corvallis   |
| 1988 | Sheldon       | Tigard        | Cottage Grove | Tualatin Hills | Beaverton   |
| 1987 | Tigard        | Sheldon       | David Douglas | U of O         | Eugene      |
| 1986 | Sheldon       | Centennial    | Cottage Grove | Chehalem       | Newberg     |
| 1985 | Sheldon       | David Douglas | Tigard        | Osborn         | Corvallis   |
| 1984 | David Douglas | Sheldon       | Parkrose      | Osborn         | Corvallis   |
| 1983 | David Douglas | Sheldon       | Cottage Grove | Osborn         | Corvallis   |
| 1982 | David Douglas | Parkrose      | Sheldon       | Osborn         | Corvallis   |
| 1981 | Gresham       | David Douglas | Sheldon       | Tualatin Hills | Beaverton   |
| 1980 | Cottage Grove | Gresham       | Tigard        | Osborn         | Corvallis   |
| 1979 | Cottage Grove | Tigard        | Gresham       | Lewis & Clark  | Portland    |
| 1978 | Cottage Grove | David Douglas | Reynolds      | Lewis & Clark  | Portland    |
| 1977 | David Douglas | Cottage Grove | Tigard        | Lewis & Clark  | Portland    |
| 1976 | Sheldon       | David Douglas | Tigard        | Mt. Park       | Lake Oswego |
| 1975 | Sheldon       | David Douglas | Parkrose      | Mt. Park       | Lake Oswego |
| 1974 | David Douglas | Sheldon       | Parkrose      | Mt. Park       | Lake Oswego |
| 1973 | David Douglas | Sandy         | Parkrose      | PSU            | Portland    |
| 1972 | Sunset        | Sandy         | unknown       | PSU            | Portland    |
| 1971 | Sunset        | Centennial    | unknown       | PSU            | Portland    |
| 1970 | Sunset        | North Bend    | unknown       | PSU            | Portland    |

# OREGON HIGH SCHOOL WATER POLO GIRLS STATE CHAMPIONSHIPS

| Year | 1st  | 2nd           | 3rd           | 4th              | City        |
|------|--|---------------|---------------|------------------|-------------|
| 2007 | Newberg  | David Douglas | Beaverton     | Tualatin Hills   | Beaverton   |
| 2006 | Newberg  | Southridge    | Aloha         | Osborn           | Corvallis   |
| 2005 | Newberg  | Aloha         | Westview      | Tualatin Hills   | Beaverton   |
| 2004 | Westview   | Sunset        | Newberg       | Osborn           | Corvallis   |
| 2003 | Westview   | Newberg       | Beaverton     | Tualatin Hills   | Beaverton   |
| 2002 | Beaverton  | Westview      | David Douglas | Osborn           | Corvallis   |
| 2001 | Westview   | Sunset        | Newberg       | Tualatin Hills   | Beaverton   |
| 2000 | Westview   | Sunset        | Beaverton     | Osborn           | Corvallis   |
| 1999 | Newberg  | Westview      | David Douglas | Tualatin Hills   | Beaverton   |
| 1998 | Newberg  | Sunset        | Westview      | Osborn           | Corvallis   |
| 1997 | Newberg  | David Douglas | Sheldon       | Tualatin Hills   | Beaverton   |
| 1996 | Newberg  | Westview      | David Douglas | Osborn           | Corvallis   |
| 1995 | Newberg  | Sheldon       | Gresham       | Tualatin Hills   | Beaverton   |
| 1994 | Newberg  | Sheldon       | David Douglas | Osborn           | Corvallis   |
| 1993 | Newberg  | Sheldon       | North Eugene  | Osborn           | Corvallis   |
| 1992 | Newberg  | Sheldon       | Gresham       | Tualatin Hills   | Beaverton   |
| 1991 | Gresham  | Newberg       | Sheldon       | Osborn           | Corvallis   |
| 1990 | Sheldon  | Newberg       | Gresham       | Tualatin Hills   | Beaverton   |
| 1989 | Newberg  | Sheldon       | Gresham       | Osborn           | Corvallis   |
| 1988 | Newberg  | Sheldon       | Gresham       | Tualatin Hills   | Beaverton   |
| 1987 | Newberg  | Sheldon       | North Eugene  | U of O           | Eugene      |
| 1986 | Newberg  | North Eugene  | Sheldon       | Chehalem         | Newberg     |
| 1985 | Sheldon  | Newberg       | Sweet Home    | Osborn           | Corvallis   |
| 1984 | Tigard   | David Douglas | Marist or     | Willamette       | Springfield |
| 1983 | David Douglas  | Cottage Grove | Tigard        | Osborn           | Corvallis   |
| 1982 | Gresham  | Sheldon       | Cottage Grove | Osborn           | Corvallis   |
| 1981 | Cottage Grove  | Gresham       | David Douglas | Tualatin Hills   | Beaverton   |
| 1980 | Cottage Grove  | Tigard        | North Eugene  | Osborn           | Corvallis   |
| 1979 | David Douglas  | Cottage Grove | Tigard        | Osborn           | Corvallis   |
| 1978 | David Douglas  | Cottage Grove | Beaverton     | Sunset/Beaverton | Portland    |
| 1977 | Beaverton  | David Douglas | None          | David Douglas    | Portland    |
| 1976 | David Douglas  | Beaverton     | None          | David Douglas    | Portland    |
| 1975 | Beaverton (4-0) and Cottage Grove (1-0) No Championship Game               |               |               |                  |             |
| 1974 | No known girls games   |               |               |                  |             |
| 1973 | Beaverton records show 2 wins over Oregon City and 1 win over Forest Grove |               |               |                  |             |

There are very few records of the first few years of women's high school water polo. If anyone has more information, please contact the OHSWP Committee.



# OREGON HIGH SCHOOL WATER POLO

## State Tournament Rules & Regulations

### Tournament Committee:

The tournament committee is a standing committee governed by the Board of Directors.

The tournament committee shall be comprised of nine members:

- 1) Vice-President, committee chair
- 2) Officials' Representative
- 3) Board of Directors member
- 4) Tournament Director
- 5-6) Appointed by the OWPOA
- 7-9) Appointed by the Board of Directors

Three members shall be free of conflicts of interest in the girls and boys tournament (not necessarily the same members). At least three members, without a conflict of interest in a particular game, shall be witnesses to said game. The Tournament Committee shall rule on questions, disputes, or protests at the State Tournament.

### Rules Committee

The Rules Committee will be comprised of the Table Official and one member of the voting Board of OHSWPC & the Head Official or his representative. (Added by Board 6/25/96)

### Competition Format:

As shown in appendix. The order of games may change yearly based on the site of the tournament. The first team listed shall wear dark caps and be the home team for that game.

### Team Information:

Only the head coach, one assistant coach, a team statistician or manager, the eighteen players A certified medical trainer is permitted at any time. Teams and coaches must remain in the team area during play. Caps shall be numbered 1 - 18.

### Conduct and Discipline:

- a) A referee who has ejected a player for brutality shall provide the tournament committee with a written report of the incident within fifteen minutes following the game.
- b) The tournament committee has the authority to prevent a player or coach from further competition in the tournament or a portion thereof.
- c) All findings of this committee shall be handled timely and considered final and without appeal, due to the immediacy of necessary action. A full report shall be made to the Board of Directors by the chair of the tournament committee.
- d) The Oregon High School Water Polo Committee will not tolerate any physical or verbal abuse toward officials, staff, or tournament organizers before, during or after any part of the tournament. Any physical or verbal abuse reported to the Tournament Committee may automatically warrant a tournament suspension to the offender. Further sanctions may apply pending review of the incident.
- e) *Balloons, noisemakers, and banners, (other than those approved tournament sponsors) are NOT allowed in the tournament facility.*
- f) *The high school principal, coach and other responsible officials of each member school shall take all reasonable measures to insure that the schools students and supporters maintain a sportsmanlike attitude toward events so that events may be conducted without unreasonable danger or disorder.*
- g) *When the students, staff or supporters of any member school engage in un-sportsmanlike conduct, disorder or infliction of damage to persons or property in connection with any festival, meet, contest or tournament sponsored by the OHSWSP Committee, the Executive Board may treat such acts as a violation by the school/club of the Rule of the Association. Any school/club whose students, supporters, rooters, or partisans take part in riots, fights, pilfering, painting, jumping in the pool or any other un-sportsmanlike conduct shall be subject to penalty.*
- h) *The Tournament Committee may remove any athlete, coach, or spectator from the tournament facility for violations of the "Conduct and Discipline" section. For any other reason the Committee feels is necessary to insure that the tournament is not disrupted or the safety of athletes and fans is not jeopardized*

## Water Polo Glossary:

**30-second shot clock** – a team has 30 seconds to shoot the ball. The clocks are usually located at the edge of the pool.

**Advantage rule** – A cornerstone of water polo which permits a referee to refrain from declaring a foul if, in their opinion, such a declaration would be an advantage to the offender's team. Applied properly, it speeds up the game and results in more scoring.

**Backhand** – A pass or shot, made with either a bent or a straight arm, in which the ball is projected directly behind the thrower.

**Ball under** – An ordinary foul. Taking or holding the ball under when an opponent makes bodily contact with the shoulder, arm or hand.

**Caps** – Identification caps with plastic ear guards and visible numbers worn by all players. Usually one team wears white and the other wears blue. Goalkeeper's caps must be red.

**Choice of ends** – The decision about which goal to defend, determined by the toss of a coin. In pools with one end deep and one end shallow, it is believed to be an advantage to attack the deep end in the final period.

**Corner Throw** – Offensive player putting the ball into play at the 2-meter mark on the side nearest to which the opponent caused the ball to cross the goal line.

**Counter attack** – Offensive strategy that seeks to create a fast break or advantage situation at the offensive end after a turnover by the opponent in the defensive end.

**Dead time** – Usually refers to the time between the whistle for a foul, which stops the clock, and the restarting of the clock after the ball is put in play.

**Bunny (donut)** – A goal that is scored by a hard shot that is aimed close to the goalie's head.

**Dribbling** – The technique of moving and controlling the ball while swimming freestyle (front crawl stroke).

**Drive** – Quick swimming movement made toward the goal by an offensive player without the ball.

**Drop** – Almost a zone defense, where the defensive players drop back to help protect the center of the pool and help block shots. The Ball carrier must be pressured to force a bad pass or hurried shot.

**Dry pass** – A pass made where there is a need for a quick reception by the receiver and the ball may be caught without touching the water.

**Eggbeater** – The alternating leg kick, like a breast stroke kick, that enable players to lift themselves vertically out of the water while constantly treading water.

**Ejection area** – An area behind the goal line, opposite from the desk and beside the time bench, where penalty time is served by a player who has committed an exclusion foul.

**Faking (or balking)** – A body, head, or eye movement, or combination of these, which freeze a defensive player or makes them leave defensive positioning, to the advantage of the offensive player.

**Field player** – A player other than the goalie.

**Flat** – They are in the pool generally positioned 5 to 8 meters out from the goal posts. The "flat" is the position from which most "drives" are initiated.

**Default (Forfeit)** – When a team fails to comply with the rules, or decided not to complete a game for any reason, or fails to appear. The referee may declare the game a forfeit and the score will be recorded 5-0.

**Free throw** – The method of putting the ball in play after a team is awarded the ball by the referee after a foul (dropping from a raised hand onto the surface of the water or throwing into the air).

**Fronting** – Defensive positioning whereby the 2-meter guard gets in the passing lane (between the ball and the center forward), thereby preventing the center forward from receiving a pass.

**Goal throw** – A free throw awarded to the goalkeeper after a member of the offensive team has caused the ball to go out of bounds across the goal line..

**Greenie** – A vertical, quick shot taken by a perimeter player following a pass from the 2-meter position. Pass and shot are taken quickly in an effort to “catch” the perimeter defender and goalkeeper by surprise.

**Holding**, sinking, grabbing and/or pulling back a player who is “holding the ball” is not a foul so long as it is not done in a manner likely to injure the offensive player.

**Man-down/man-up (6-on5 extra man)** – When a defensive player commits a major foul and is ejected for 20 seconds, the offensive team has a “man” advantage.

**Natural goal** – A goal scored from open play when both teams are at full strength, as opposed to a goal scored from a penalty throw or a man-up situation.

**Outlet** – A pass from the goalie to a field player after a save to begin a counterattack.

**Penalty shot (penalty throw)** – Free shot at the goal, taken upon the signal of the referee, from any point along the 5-meter line with only the goalkeeper between the shooter and the goal.

**Personal foul** – A foul that results in exclusion or a penalty shot. Any player committing three personal fouls is excluded from the remainder of the game.

**Press** – The basic “man to man” defense that is the most commonly used strategy. The idea is to guard each offensive player tightly without fouling. Defenders should always position themselves between their goal and the player they are guarding.

**Red markers** – the line 2-meters from the goal line.

**Slough** (pronounced sluff) – A defensive strategy whereby a defensive player drops off the attacker they are guarding to adopt a position to guard an offensive player who is attacking from a more dangerous position.

**Stationary pick** – When an offensive player swims a defender into another (usually unseen) offensive player, similar to setting a screen in basketball.

**Swim-off** – The players taking up positions on their respective goal lines and swimming toward the ball at the center of the pool at the blast of the referee’s whistle. This occurs at the beginning of each period.

**Wet shot** – A shot that is attempted while the ball is controlled in the water, usually a quick wrist shot; also called an off-the-water shot.

**Yellow markers** – The line 5-meters from the goal line.

# UNDERSTANDING WATER POLO

Water Polo is like a combination of many sports, and is played in a all deep pool 25x20 meters. You can learn about water polo very quickly if you appreciate the similarities between it and other games. However, the combination of unique aspects is what makes water polo so dynamic.

## WHAT IS SO DIFFERENT ABOUT WATER POLO?

The main element: the game is played in water, which makes it difficult for the referee to see exactly what is going on underneath the surface of the water. Players may use subtle pushes and holds to improve their positions. Additionally, simply playing in the water adds a dimension of difficulty not found in other sports.

## HOW PHYSICAL IS WATER POLO?

Another interesting point is the way water polo rules distinguish between degrees of physical contact. The four rules that deal with contact are: impeding (swimming over someone), pushing, holding, and brutality. With the exception of brutality (intentionally striking the opponent), these rules do not apply when an opponent is holding the ball. In other words, they can be tackled. However, impeding and pushing are generally considered minor or ordinary fouls. To hold, sink or pull back an opponent not holding the ball is considered a major foul.

## HOW IS WATER POLO SIMILAR TO OTHER GAMES?

### *Soccer*

- Players score through rectangular goals defended by a goalkeeper.
- There are three types of free kicks/throws:
  - Indirect – Ordinary foul inside the 7-meter (green mare, in water polo); no shot allowed.
  - Direct – Ordinary foul outside the 7-meter; immediate shot at goal is permitted.
  - Penalty – For any major fouls within the penalty area (four-meter) that would have prevented a probable goal.
- Offside – This only applies in water polo when the player is inside the area two (2) meters in front of the goal. Of course, a player cannot be offside when he/she is in possession of the ball.



## BASKETBALL

- Teams must shoot at a goal within an allotted amount of time after gaining possession. In water polo, it is a 35-second shot clock.
- There are two types of fouls:  
Ordinary – These are like violations in basketball and penalize minor breaches of the rules.  
Major – These are like personal fouls in basketball. In water polo, they result in a “kick out” which creates an extra-man opportunity, or a penalty shot.
- In water polo, players get three (3) major fouls before they are removed from the game. In basketball, a player who is charged with five (5) fouls (high school and college) or six (6) fouls (professional) is then removed from the game. An unlimited number of minor or ordinary fouls are permitted in water polo.
- The clock is stopped every time the referee blows the whistle, extending the game from four periods of seven minutes (28 minutes of game time) to about an hour of elapsed time.
- In basketball, a player takes a position close to the basket or goal. This player is called the center, and his position is called the post. The function of this player is to score, or distribute the ball to other players (forwards, and guards) who will score. Water polo’s equivalent position is the center forward, “hole-set”, “hole”, or “2-meter”. This position tries to take up position in front of the opponent’s goal, two meters away at the offside line.

## ICE HOCKEY

Players are sent to the penalty box if they are assessed a major foul, except in the case of a penalty shot. In water polo, players are sent out of the playing area for 20 seconds, until a goal is scored, or the defending team regains possession. The exclusion area is in the corner of the playing area.

## RUGBY

- Water polo is a contact sport, and a player holding the ball may be tackled, provided the player is making a play for the ball.
- The rules protect players from excessive violence. In water polo, when the ball is released by a player in possession of the ball, there is often a foul and a free pass, provided the player who was fouled has control of the ball.

DID YOU KNOW....that you have to start the game with seven players in the water, one of the players has to be a goalie?